

"RESPONSIBILITY LEVELS"

SELF-ASSESSMENT

This worksheet is personal. You must keep it safe, since it is a working instrument. It will be checked by your teacher sometimes, so you need to keep it up to date. Maybe you want to put it in a plastic folder so it is better preserved.

HOW DOES IT WORK?

Remember, this year we are trying to make you understand that what matters the most is what you do in class daily (responsible practice), not only on the "exam day". At the end of each class, you need to write down the "responsibility level" that you demonstrated that day. If you miss a class, you need to write an "F" on that box. You must be honest, or it will not be helpful because you are not analysing your performance. This will help you to know your evolution and what you have to improve. Of course, the teacher will take her own notes.

NAME AND SURNAME	
GROUP	YEAR 2016/2017

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1st term												
	Ses 1	Ses 2	Ses 3	Ses 4	Ses 5	Ses 6	Ses 7	Ses 8	Ses 9	Ses 10	Ses 11	Ses 12
Which level are you today?												
	Ses 13	Ses 14	Ses 15	Ses 16	Ses 17	Ses 18	Ses 19	Ses 20	Ses 21	Ses 22	Ses 23	Ses 24
Which level are you today?												
At the end of the term...												
What is your average?												

HOW SUPPORTIVE AND RESPONSIBLE ARE YOU AS A TEAMMATE?

Find your level:

4.- IRRESPONSIBLE LEVEL.

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| <ul style="list-style-type: none"> - Disrupt group activity or distracts others. - Abuse others. - Cheat. Do not play by the rules. - Denie personal responsibility. Blame others. - Don't want to play with some partners. - Call names. Use unappropriated language. - Not on time and ready (equipment) to start the class. | <ul style="list-style-type: none"> - Prevent others from participating. - Don't participate or doesn't know what to do. - Make excuses. - Agressive behaviour or doesn't follow safety guidelines. - Do not listen others or attend teacher's calls. - Use negative body language. - Never do homework. |
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3.- RELIANCE/ DEPENDENCY LEVEL.

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| <ul style="list-style-type: none"> - Take part as directed but shows little effort to contribute independently. - Change attitudes when asked to do it. - Participate without getting fully involved. Is only involved some of the time. - Unfair at times and need to be guided to follow some rules. - Do not call names. - Missing homework sometimes. - Not always ready on your own. | <ul style="list-style-type: none"> - Have acceptable respect and consideration for the rules and others - Tend to lose focus without teacher supervision. - Cruising in neutral, but not bothering anybody. - Work with most of the class not showing displeasure. - Can control behaviour to not interfere with others when asked to do so. - Inaccurate performance (doesn't know exactly what to do and don't ask for help). |
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2.- WILL/ AUTONOMY LEVEL.

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| <ul style="list-style-type: none"> - Is fully involved and active but can negatively dominate the activity. - Could involve others in the group more or could encourage others more. - Play by the rules but don't guide others to follow them. - Be ready for the class on time and with the proper equipment. - Use English or Spanish as asked. | <ul style="list-style-type: none"> - Show respect, not making others feel bad. - Willing to try and involved in activites. - Could be more sensitive to the needs of others. Help when asked. - Work with everyone in the class willing. Accepts others as part of the group. - Willing to settle argument quickly. - Is self motivated and can work independently without supervision. Make the necessary effort to do it, even is not a favorite activity. |
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1.- RESPONSIBLE AND CARING LEVEL.

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| <ul style="list-style-type: none"> - Make sure all players in the group have equal opportunity to be involved (e.g: passing the ball). - Praises and encourages own group members' and others efforts or success. - Acknowledge other groups' skills or efforts. - Sensitive to the needs of others. Concerned with the progress of others. - Willingly help others. - Proactively apply fair play/ rules. - Paying active attention and answering questions. - Hygienic habits. | <ul style="list-style-type: none"> - Show respect (e.g: taking over victory or defeat with spormanship). - Make good choices. - Honest and fair. - Admit mistakes and apologizes. - Work on activities independent of teachers and show great effort and learning and progression will. - Work with other to settle argument quickly. - Work with everyone in class willing. Happily accepts others as part of the group. - Have a positive body language. - Use English or Spanish as asked. |
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